



Black Moon Lilith

Journal

this book belongs to:



Part 1: Discovering Your Lilith

My Lilith is in the sign of: _____

My Lilith is in the _____ house of my natal chart

Lilith makes the following aspects in my chart:

Personal Insights:

Part 2: Daily Lilith Reflections

Date: _____ Moon: _____

Today, I felt Lilith's energy when:

This experience made me feel:

I responded by:

Upon reflection, I wish I had:

Tomorrow, I will honor Lilith's energy by:

Part 3: Lilith Themes in My Life

Reflect on how these Lilith themes manifest in your life:

Personal Power

Sexuality and Desire

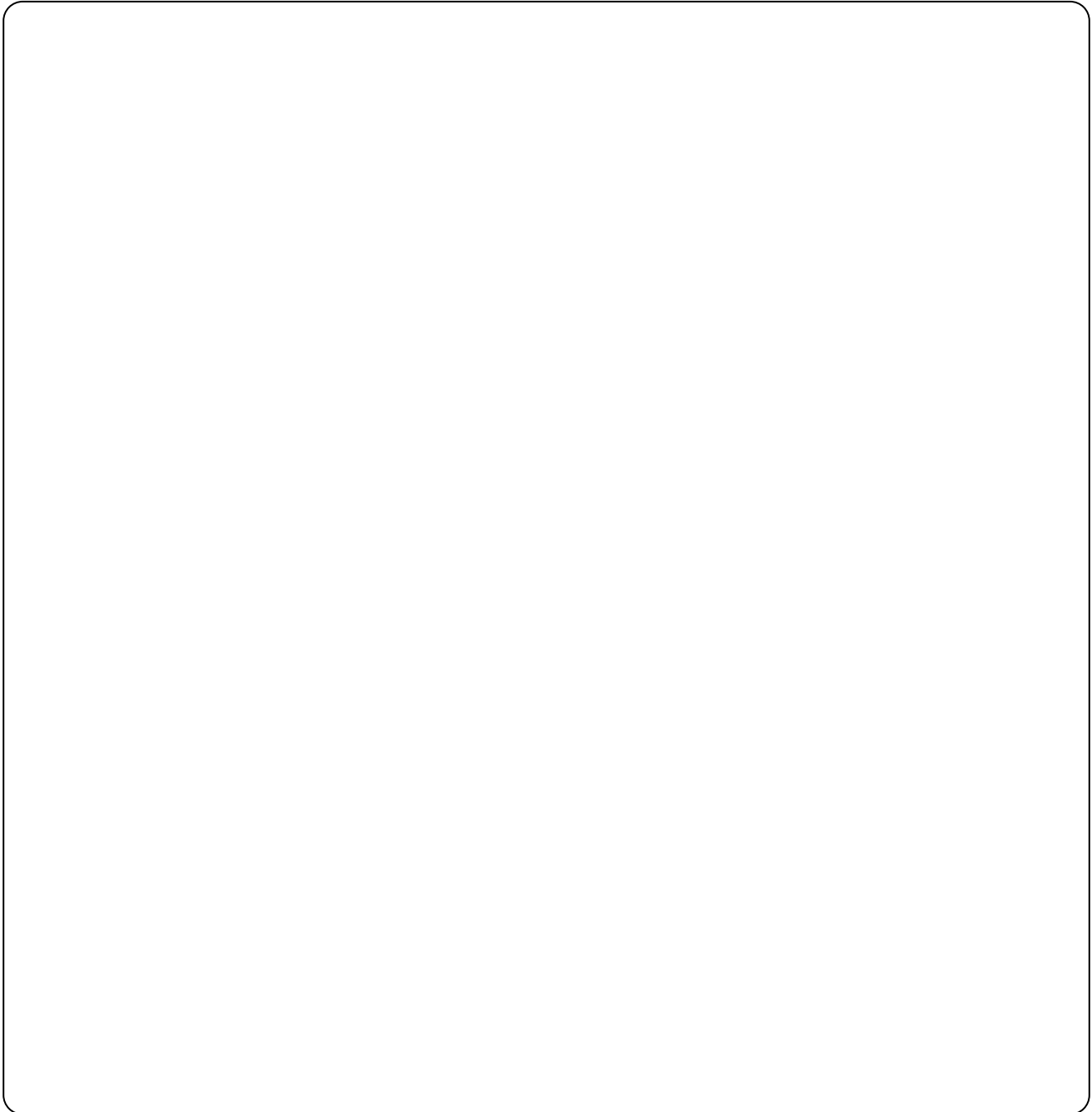
Societal Expectations

Shadow Self

Intuition and Instincts

Part 4: Lilith Meditation

Take a few minutes to meditate on your Lilith placement. Visualize her energy and write or draw what comes to mind:



Part 5: Lilith Affirmations

Create three personal Lilith affirmations:

1 _____

2 _____

3 _____

For deeper insight into your Black Moon Lilith and other asteroid goddesses' placements in your natal chart—and their influence on your life—consider booking an Asteroid Goddesses Astrology reading or joining our workshop.

Asteroid Goddesses Astrology Reading:

<https://www.chiaastrology.com/asteroid-goddesses-astrology>

Asteroid Goddesses Workshop:

<https://www.asteroidgoddessesastrology.com/>

Part 6: Lilith Journaling Ritual

Materials Needed:

- A candle (any color you feel drawn to)
- Your journal and pen

Ritual Steps:

1. Light the Candle: Find a quiet space. Light the candle and take a few deep breaths, centering yourself. Allow your mind to focus on Lilith's energy and how it influences your personal power and authenticity.
2. Set an Intention: With the candle lit, silently or aloud, set an intention to connect with Lilith's energy. For example:
3. "I invite you, Lilith, to guide me in reclaiming my power and expressing my true self."
4. Reflect and Journal: Spend a few moments reflecting on your Lilith placement and how it manifests in your life. Write down any thoughts or feelings that come to you during this quiet moment.
5. Close the Ritual: After journaling, blow out the candle, thanking Lilith for her guidance. Keep your intention in mind throughout the day or week.

